munno para FOODLAND THIS WEEK

We're all about food



Santa is on his way...
click munno para shopping to find out more

munno para shopping

Adelaide Hills Grown
Buerre Bosc
Red D'Anjou Pears
$3.50 KG



Wed 18th Nov to Tues 24th Nov 2026

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South Australian Grown

Continental Cucumbers

$1.90 EACH

Gold Kiwi Fruit

$8.90 KG



New Zealand Grown

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Blueberries 125g

$3.30 PUNNET

$26.40 per kg

Walnut Pieces

$18.90 KG

Product of Australia



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Value Pack

Premium Pork
Loin Medallions

$15 KG

Product of Australia

Premium Beef
Scotch Fillet Steak

$43 KG

Product of Australia



Value Pack

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Beef Osso Bucco

$17 KG

Product of Australia

Premium Beef Mince

$18 KG

Product of Australia



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Auricchio Grana Padano

$35 KG

Product of Italy

Delicatessen

Penfield Olives Kalamata Whole Black

$15 KG

Product of Australia



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Baked Fresh in store

Cheese & Bacon Rolls 4pack

$3.50 EACH

$0.88 each

Abe's Bagels 4pack 360g

$4.30 EACH

$1.19 per 100g



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2 FOR

Arnott's Shapes
120g - 190g

$4

Or $ 2.50 each



Smiths | Doritos
Chips 380g

$4.45 EACH

$1.17 per 100g

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Cobram
Olive Oil 750mls

$12.50 EACH

$1.67 per 100ml

Sorbent Toilet
Paper Value 48 Pack

$22.50 EACH

$0.26 per 100 sheets



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Monday-Friday: 7:30am-9pm
Saturday: 7.30am-5pm
Sunday: 9am-5pm

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SPECIALS VALID WEDNESDAY 18 TO TUESDAY 24 NOVEMBER 2026.
WHILE STOCKS LAST. AVAILABLE ONLY AT MUNNO PARA FOODLAND
and are in addition to this week's Foodland colour catalogue.
Pictures for serving suggestions and illustration purposes only.

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